



CMAP *Spotlight*

Vol. 2
Summer 2008

COASTAL MEDICAL ACCESS PROJECT

...providing healthcare to uninsured residents of Camden, Glynn and McIntosh Counties

Brunswick Clinic Relocating in November



Devin Dykes hangs ceiling tiles.

Five years ago a group of CMAP volunteers began working toward acquisition of a larger clinic building and their dedication is about to pay off!

The CMAP Facilities Committee including Dr. Eric Andreae, Elaine Auten, Chuck Baumgartner, Dr. Neal Boswell, Huntley Allen, Richard Cowan, Carlton DeVooght, Peggy Graversen, Brent Hampton, Ken Kota, Terry Lawrence, Marjorie Mathieu, Mick Smith, and Robert Ussery are leading the renovation and have spent many long hours making sure everything is going along as scheduled.

This effort started with Henri Woodman's request to Congressman Jack Kingston to help CMAP acquire a federal grant to renovate a building. A five-year search led to the Southeast Georgia Health System's purchase of a medical office at 2605 Parkwood Drive. SGHS then leased the building to CMAP for 25 years for \$1 a year.

Before the building on Parkwood Drive was discovered, attempts to acquire other sites resulted in dead-ends. Mick Smith, Robert Ussery and Richard Cowen forged onward, even after CMAP lost Frank Selgrath in 2006. At last, the right building was discovered, and Robert Ussery drew up yet another set of plans. The old walls came down and the new walls went up, and CMAP will be relocating in November!

VOLUNTEER AWARDS and GRAND OPENING

Henri C. Woodman Clinic
2605 Parkwood Drive
Brunswick GA

November 12, 2008 at 5:00 PM



Volunteer Elaine Auten and Joe Combs with Ussery-Rule Architects review plans for the new clinic.



New dental equipment and items donated by Dr. Jeff Capes are being installed by Atlanta Dental technicians.

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Visit us on the web at www.cmapga.org



Welcome New Board Members



Patricia M. Cuthbert is an active community volunteer. She is a founding member of Golden Isles ACT and served as president from 2006 through 2008. She will continue to serve Golden Isles ACT as vice treasurer 2008-2010. She is a past president of Skimmers, a philanthropic group, and serves on

the board of the Sea Island Gardening Group. Patsy and her husband live on Sea Island. She became aware of CMAP during a visit to the clinic about three years ago. "During that visit, I immediately realized that the mission of CMAP was very close to my heart. I wanted to do as much as I could to help them. I believe I will have that opportunity through my service on the board of directors," she said.

Mary Ann McCandless is an active community volunteer and a founding member of Golden Isles ACT. She served as vice president from 2006 through 2008 and will be president of Golden Isles ACT from 2008-2010. She served on the board of the Sea Island Property Owners Association from 2003-2008 and is a past president of Skimmers, a philanthropic group. Mary Ann and her husband live on Sea Island. She became interested in CMAP through her work with Golden Isles ACT. When asked about her work as a new board member, she said she is reminded of a quote she and her family hold dear: "What I spent, I lost; what I possessed is left to others; what I gave away remains with me."



Brian R. Parks is president and CEO of SunTrust Bank for Southeast Georgia. He serves on the board of the Brunswick-Golden Isles Chamber of Commerce and previously served on the board of the United Way of Coastal Georgia. Brian, his wife Karen and their three daughters live on St. Simon's Island. He knew CMAP

provided free healthcare but did not realize its impact on the entire community until he was visited earlier this year by members of the board. He said, "CMAP is doing amazing work in our community and is the model for free clinics in the U.S. I am happy to serve on their board of directors in order to help further their mission to enhance the lives of the uninsured in our community."



Diane M. Pennington, DMD, MD,

is an oral and maxillofacial surgeon who founded Camden Oral Surgery in Kingsland, Georgia. Dr. Pennington received numerous awards for excellence and scholarship while earning her degrees in medicine and dentistry. In 2006, she moved to Georgia from Norfolk, Nebraska,

where she had been in group practice with Oral Maxillofacial and Facial Plastic Surgeons, Inc. Diane and her family live in St. Marys. She said, "I have had such a wonderful experience practicing in Camden County for the last two years, and I want to give something back to the community. CMAP is the perfect opportunity and I look forward to working with all the dedicated people who have made this organization possible."

Donations

Lions Club Lighthouse donated 50 box fans to help ease summer heat for patients. Volunteers distributed the fans during clinic visits.

Nora Morris (center), volunteer, with patients, Charles and Jane.



Brunswick Clinic



Beth Otero, volunteer St. Marys Clinic presents a fan to patient, Juan.

Sandra and Tom Crumbliss, owners of The Lighting Source and Showroom on St. Simons Island, donated two outdoor light fixtures to be placed on either side of the front entrance of the new clinic. Virginia Kalp, a local artist, coordinated this donation.



Sandra Crumbliss and Virginia Kalp



PROGRAM UPDATES

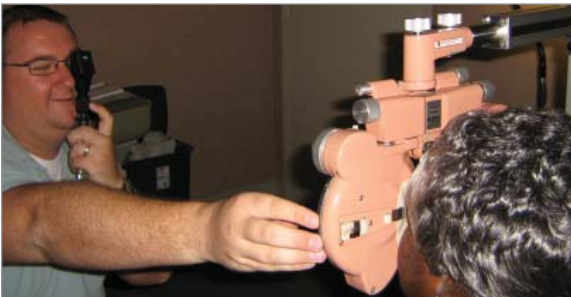
HENRI C. WOODMAN COMMUNITY CLINICS



Volunteer Physician, Ghislain Perron MD, sees patient, Albert, at the St. Marys Clinic.

VISION CLINIC

CMAP, in partnership with the Georgia Lions Lighthouse Foundation, runs a vision screening clinic one Saturday every other month at the Henri C Woodman Clinic in Brunswick. Volunteer ophthalmologists and Lions Club members, supported by CMAP staff, provide eye exams and fit patients for glasses.



Volunteer Dr. Rick Harrison examines a patient.



GA Lions Lighthouse Volunteer works with Vivian, a clinic patient.

CHRONIC DISEASE PREVENTION & MANAGEMENT

80% of CMAP Patients Need CDPM

The Chronic Disease Prevention and Management (CDPM) program is focused on the management of diabetes and heart disease, the most challenging conditions for local people. About 80% of our patients live with one or both of these conditions.



CDPM patients graduate from Diabetes Education Class.



Volunteers Deborah Jones CDE and Evelyn Tatum RN CDE teach diabetes education to assist patients in disease management. Evelyn (right) was named Educator of the Year by the Jacksonville Association of Diabetes Educators.



Patients, Greg and Albert, with Smoking Cessation Class teacher, Amie Casey RN, volunteer nurse at the St. Marys Clinic.

CMAP helps build healthier communities focusing primarily on Coastal Georgia through programs that increase access to healthcare.



MEDBANK MEMBERSHIP PROGRAM



Staff members, Lee Davis and April Hicks work with volunteer, Bonnie Lee.

Staff and Volunteers Train in Updating MedBank

An evaluation of the MedBank Pharmaceutical Assistance Program led to some procedural changes. A step-by-step guide for referral doctors was developed and an in-service held for discharge planners at the Brunswick Campus of Southeast GA Health System. Changes involving data entry will ensure more efficient customer service.

Did You Know?

In 2007, 156 volunteers provided 3,081 hours of service?

Value of volunteer service in 2007 was over \$243,000?

CMAP's 11 employees currently provide support for almost 200 volunteers?

To become a CMAP Volunteer, please call 912-554-3559 ext. 26.



Message from the CEO

Patricia J. Kota, RN MSPL

The dream of moving into a new location began almost five years ago with Henri Woodman's vision for CMAP. Thanks to volunteer architectural and engineering services from Robert Ussery and a dedicated core of committee members including Mick Smith, Richard Cowan and Huntley Allen, volunteers are working hard to make that dream a reality.

In addition to a generous donation to purchase medical equipment and furnishings for the new building, members of the Golden Isles ACT are providing volunteer leadership from Elaine Auten, Patsy Cuthbert and Mary Ann McCandless.

CMAP volunteers seem to be focused on bricks and mortar these days, but as always, we could not fulfill our mission without all the volunteers who constantly demonstrate their dedication to CMAP. Doctors Neal Boswell and Eric Andreae are the backbone of our clinical services, providing many hours of free care. They are joined by another 100 physicians – all volunteers.

And the nurses! Where would we be without their strong and lasting volunteer support? Lee Norvell, Evelyn Tuten, Carol Healy – classy ladies with lots of spirit and deep caring for our patients.

Truly, this is an awesome community and all of us at CMAP are blessed to be here, to serve, and to have the opportunity to say thank you to so many wonderful volunteers.



Dr. Tim Jamieson Honored

Dr. Timothy Jamison, past chair of CMAP’s Board of Directors, was honored at a farewell party hosted at the home of Jim and Jeanne Manning. Dr. Jamieson and his family have relocated to Arlington, Virginia, but he continues to serve on the board.

Kay Hampton, current board chair, said, “Dr. Tim Jamieson is a shining example of our board’s generosity and leadership. He worked closely with founding director Frank Selgrath and then with Pat Kota to develop and launch the fundraising efforts that will make it possible to expand CMAP’s health care services.”

Golden Isles ACT Awards \$100,000

Golden Isles ACT, a giving circle of concerned women from Glynn County who reach out to their community with grants to well-qualified, local nonprofits, awarded CMAP a grant of \$100,000 to fund furnishings and equipment for the relocation and expansion of the Henri C. Woodman Clinic in Brunswick.

Mary Ann McCandless, president of ACT, said “We are so impressed with how quickly CMAP has put the grant to work. Their working board and CEO Pat Kota are truly inspirational. The women of ACT are proud to be partners with CMAP.”



Golden Isles ACT Grant Committee Co-Chair, Cindy Jacobs, (far left) and Chair, Cheryl Griggs, (far right) of the Golden Isles ACT Grant Committee, presented the ACT award to board member, Mick Smith, and CEO, Patricia Kota.



Message from the Chair

Kay S. Hampton, RN MSN

It has been said that we often underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring. As the chair of the CMAP Board of Directors, a volunteer position on an all-volunteer board, it gives me great pleasure and satisfaction to be able to contribute in some small way toward the improvement of the health status of the CMAP patients and to support the hard work of the other volunteers and staff at CMAP.

Volunteers are at the very core of CMAP’s mission and work. Primary, specialty, and dental care, prescription assistance and case management all depend on the volunteers’ work. The growth that CMAP has experienced in its short, six-year existence would not have been possible without the countless hours and resources given by its volunteers.

Maya Angelou once said: “I’ve learned that you shouldn’t go through life with a catcher’s mitt on both hands. You need to be able to throw something back.” CMAP volunteers definitely “throw back” with the wonderful services they provide for our patients and staff. They are the backbone of CMAP and make our community a better place to live. Thank You! Thank You! Thank You!

Did You Know?

Henri C Woodman Clinic Renovations: \$1.7 million

Grants and Gifts received to date: \$1.5 million

Debt remaining: \$200,000

Can you help us close the gap?



2008 BOARD OF DIRECTORS

Kay S. Hampton, RN, MSN
Chairman

Jeanne Marie Kiss, RN, PhD
Treasurer

J. Benedict Hartman, Esq
Secretary

DelRia T. Baisden

R. Neal Boswell, MD

Patricia M. Cuthbert

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Timothy A. Jamieson, MD, PhD

Patricia J. Kota, RN, MSPL, CEO

Jeanne Manning

Randy S. McCall, PhD

Mary Ann McCandless

Brian R. Parks

Diane M. Pennington, DMD, MD

Cynthia C. Phillips

Becky Rowell

W. Michael Smith

Your Gift Will Make a Difference!

Name _____ Telephone _____

Company Name/Address _____

Address _____

City _____ State _____ Zip _____

To help CMAP provide health services	<input type="checkbox"/>	\$1,000	<input type="checkbox"/>	\$100
to coastal Georgians, I/we enclose:	<input type="checkbox"/>	\$500	<input type="checkbox"/>	\$50
	<input type="checkbox"/>	\$250		Other _____

A gift to CMAP is an excellent way to honor or remember someone special.

This gift is in [memory/honor] of: _____

Please acknowledge this gift to: _____

Address: _____

City, State, Zip: _____

Please make check payable to CMAP. All gifts are tax-deductible.



An agency of United Way

- Adopted 2006

Coastal Georgia through programs that increase access to healthcare. (CMAP) helps build healthier communities focusing primarily on Coastal Medical Access Project

Our Mission:

912-554-3559
Telephone:
Brunswick GA 31521

PO Box 1357
Coastal Medical Access Project
is published quarterly by the

CMAP
Spotlight

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PERMIT #11