



# CMAP Spotlight

Vol. 3  
Summer 2009

## COASTAL MEDICAL ACCESS PROJECT

....providing health care to uninsured residents of Camden, Glynn and McIntosh Counties

## Clinic in Camden County Moves to Larger Space

The Camden County Henri C. Woodman Community Clinic moved to 70 Lindsey Lane, Kingsland, in May. CMAP is now able to serve more people with greater efficiency. The additional space also made it possible to expand patient education services and the chronic disease program, *Alive & Lively*.

Dr. Robert Wilson, a Camden County physician, generously leased the building to CMAP for \$1 a year for 10 years. He also donated office equipment, including computers, fax machines, and printers.

Dr. Wilson is a former CMAP board member and a long-time volunteer. He hopes the larger clinic space will lead to more volunteers - especially doctors.



*Henri C. Woodman Community Clinic Kingsland*

Southeast Georgia Health System provided space for the clinic from 2003 through April 2009 and will continue to provide services for CMAP patients.

Plans to add free dental and vision care, similar to those provided in Brunswick are underway.



*Nurses' Station and Exam Rooms*

An open house for the community will be held on Nov. 12.

**MANY THANKS to Southeast Georgia Health System for providing a home for the Camden County Henri C. Woodman Community Clinic from 2003 to 2009!**

## Attention: Medical and Dental Volunteers

### Continuing Education Credits and Expanded Protection from Malpractice now Available

Senate Bill 133, effective July 1, 2009, extended the state's immunity protection to cover volunteer dental health care providers and free clinic employees. Furthermore, rule changes by the Composite Medical Board and the Board of Dentistry, means licensed health care providers can now receive continuing education credits for volunteering at a free clinic.

Up to 10 hours of continuing education credits will be awarded in exchange for volunteer service with four hours of service exchanged for one hour of continuing education (CE) credit, up to 10 CE hours biennially. (Rule 360-15-.01 for physicians & Rule 150-3-.09 for dentists)

More information about these new regulations will be available this Fall.

### Inside this Issue

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Visit us on the web at [www.cmapga.org](http://www.cmapga.org)



## Annual Volunteer Awards Luncheon



(l to r) Volunteer Leadership Award winner, Jeffrey Capes, DMD, MD, and Becky Rowell, Board member and co-chair of the Volunteer Committee, at the awards luncheon.



(l to r) Clinic staff with volunteer award winners: Felicia Fuller, RN; Robin Braswell, RN; Sophie Perron, LPN; Barbara Walters, RN; Gigi Arroyo (Best All Around Volunteer); Rufus Morrison (Most Spirited Volunteer); Ghislain Perron, MD (Medical Field Excellence).

Fifty volunteers and staff attended CMAP's "A World of Thanks" Volunteer Award Luncheon held on April 3rd at the Pinson Conference Room of the Southeast Georgia Health System. David Herdinger presented an inspirational message. All volunteers received a token of appreciation. Special awards were given to the volunteers pictured below.



**Dr. William Laws**  
Medical Field  
Excellence  
(Brunswick)



**Dr. Ghislain Perron**  
Medical Field  
Excellence  
(Camden)



**Dr. Jeffrey Capes**  
Volunteer in  
Leadership  
(Brunswick)



**Dr. Robert Wilson**  
Volunteer in  
Leadership  
(Camden)



**Dr. Suzanne Bishop and Staff**  
Dental Field Excellence  
(L-R: Laura Altman, Laurie East and Dr. Bishop)



**Diane Ansley, FNP**  
Best All Around  
(Brunswick)



**Gigi Arroyo**  
Best All Around  
(Camden)



**Frank Zagami**  
Most Spirited  
(Brunswick)



**Rufus Morrison**  
Most Spirited  
(Camden)



**Dr. Chester Messick**  
New Volunteer  
in Excellence  
(Brunswick)



**Heidi Benz, RN**  
New Volunteer  
in Excellence  
(Camden)



## 2009 Coastal Georgia Volunteer of the Year Nominees

CMAP volunteers Kay Hampton and Nora Morris were recognized by the United Way of Coastal Georgia for their volunteer service to the community. Kay and Nora have served CMAP since 2002 and volunteer for other nonprofit organizations throughout our community. Many thanks to them for their outstanding dedication!



*Nora Morris,  
Office  
Volunteer,  
Brunswick  
Clinic*



*Kay Hampton  
RN, MSN,  
Vice-Chair,  
Board of Directors*

## Visitors from New Orleans' Dream Center Observe CMAP Processes

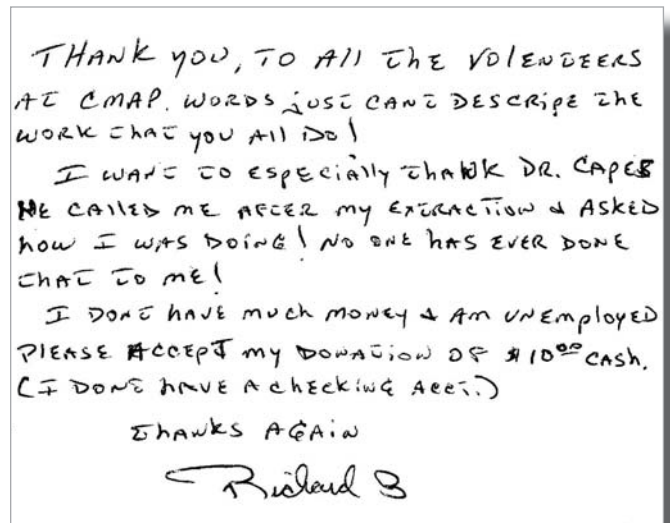
Diane Amos and Cori Renfroe from the Dream Center in New Orleans, Louisiana, spent two days observing the clinics, *Alive & Lively*, and the MedBank membership program. During their visit, they collected information about policies and procedures and day-to-day work flow.

The Dream Center currently provides free health care from a mobile unit and aspires to becoming an organization similar to CMAP.



*(l to r) April Hicks, CMAP Programs Supervisor; Cori Renfroe, Dream Center board member; and Diane Amos, Dream Center Executive Director*

## Patient's Letter of Thanks



## Rotary Club of Glynn County Donates \$1,000



Liezle Hubrich presents a check for \$1,000 to CMAP Board Member, Becky Rowell.

## Rotary Club of St. Simons Island presents Community Image Awards

Each year, the Rotary Club of St. Simons Island recognizes the services of both an organization and an individual for their contributions toward enhancing the positive image of the community. This year, CMAP and former board member, Laura C. McKinley, were honored with these awards.



### Message from the Chair

*Brian R. Parks*

It's a privilege to serve as Chairman of the Board of CMAP. I recently heard about a patient who said she wouldn't be alive today without CMAP. This particular lady could not afford her medicines and was not getting her prescriptions filled. She was missing work due to her illness, but once CMAP stepped in she was much more productive. Although she worked two jobs, she was still eligible for free clinic and prescription assistance services. Most importantly however, she is staying healthy and on the job and - that's what we're all about - providing free clinic and prescription assistance services to the uninsured.

Will you join us as a volunteer... or donate items on our wish list... or send a loved one without health insurance to CMAP for care?

While health care reform is all over the press, CMAP quietly continues to do its work because CMAP's mission is to help build healthier communities.

## Atlanta Visitors Tour Brunswick Clinic

*Mary Eleanor Wickersham, Health & Human Services Policy Advisor for the State of Georgia, toured the Brunswick clinic in July to learn about our programs and services.*



*Amanda Cook, Constituent Services Coordinator for Lt. Gov. Casey Cagle, visited several free clinics in Georgia including CMAP to see how each organization works. She plans to share this information with her colleagues in Atlanta.*

### Message from the CEO

*Patricia J. Kota, RN, MSPL*

More than any other time - coastal Georgians are depending on us.

Requests for services are up 70% over last year and although we now have 250 volunteers (including 20 new providers) - the waiting list is growing. To alleviate this backlog we're planning a few 'marathon' clinics. In addition we set up some agreements with job training and work force initiatives to provide staff support at no cost. Thankfully, a new Georgia law is also helping to make a difference. For the first time licensed providers employed by free clinics will receive the same liability protection as volunteers. This means CMAP saves money on professional liability insurance and our volunteer doctors, dentists, and nurses earn credits for service. Unfortunately - for free clinics - the national news is not as good.

Did you know there are some 600 different health care reform bills under consideration? And none of these provide support for free clinics - neither does the stimulus legislation. And yet CMAP proves every day that it's part of the solution in solving a complicated puzzle. **Will you become a volunteer?** Do you know someone who needs our services? Is there an elected official you can ask to sponsor inclusion of free clinics in health care reform? Give me a call, I'd love to talk. Or better yet, stop by for a tour and see first hand how this community is solving a complicated puzzle.

## WebMD Site Visit

It was an exciting time at CMAP when Katherine Crow, executive director of the WebMD Health Foundation, visited both clinics last May. Staff used this opportunity to showcase new facilities and services. Ms. Crow was pleased with the progress CMAP has made since being awarded a major WebMD grant in 2007.



*Katherine Crow, Executive Director WebMD Health Foundation*

**CMAP helps build healthier communities focusing primarily on Coastal Georgia through programs that increase access to health care.**



## Welcome New Board Members



**Robert P. Brubaker**, retired Board Chair and CEO of the King & Prince Seafood Corporation, has served as president and chairman of several industry trade associations. He also served on the boards of many civic organizations, including the United Way, Boy Scouts of America, and the Salvation Army and was a founding board director of CMAP. Bob and his wife Carol have four children and eleven grandchildren.



**Jeffery O. Capes, DMD, MD**, is a dentist and oral surgeon in private practice and on staff at Southeast Georgia Health System. He is a board member of the Compass Rose Society and Christ Church. Dr. Capes provides oral surgery at CMAP and chairs the Dental Advisory Committee. Jeff, his wife Wendy, and their children Caitlin and Jackson live on St. Simons Island.



**Betty T. Dixon, BSN, MHSA**, is Clinical and Nursing Director of Georgia Health District 9-1. Among her many memberships and honors: Sigma Theta Tau Nursing Honor Society; Omicron Delta Kappa Honor Society; Georgia Nurses Association "Media Award" 1999; Leadership Savannah 2005; and the Armstrong Atlantic State University Advisory Board. Betty is the author of numerous health publications and is currently pursuing a DrPH degree from Georgia Southern University.



**Margie O. Harris**, retired from BellSouth and is an active community volunteer. Civic affiliations include The Links, Inc., Brunswick Chapter; the YWCA Executive Board, Tribute to Women Leaders, and the Young Women's Career Adventure Program; Southeast Georgia Cancer Alliance; The 4 C's; Healthy Glynn.com; and the Telephone Pioneers. Margie and her husband Roosevelt live in Brunswick and have one daughter, Erika Michon.



**Robert Millican, OD**, is owner of Millican Eye Centers in Brunswick and St. Simons. In addition to providing vision screening at CMAP, Dr. Millican volunteers for Lions Lighthouse Foundation clinics. He is past president of the Golden Isles Lion's Club and among many other honors, received The International President's Certificate of Appreciation. He also serves on the Brunswick Y swim team board. Robert, his wife Shari and children Robbie, Thomas and Grace live on St. Simons Island.



*(l-r) Dr. Robert Wilson, volunteer physician and owner of the Camden clinic facility, presents a 10-year lease for \$1/year for his medical office building to Brian Parks, CMAP's Board of Directors Chairperson.*

### Help CMAP by donating items from our

## WISH LIST

- White Copy Paper (8.5 x 11)
- Black Ball Point Pens
- Mechanical Pencils
- #10 White Envelopes (no window)
- Small White Envelopes (3 5/8" x 6 1/2")
- White Out Correction Tape
- 12# Brown Paper Bags
- Toner for Laser Printer (see Gwen for details)
- Disposable Drinking Cups
- Paper Plates, Napkins, and Towels
- Facial Tissues
- Toilet Paper
- Liquid Soap
- Plastic Floor Mats (for office chairs on carpet)
- Large Weight Scale (>300 lbs)
- Copier/Fax/Printer (all-in-one)
- Outdoor Table/Bench
- Executive Desk & Credenza

### TO DO WISH LIST

- Trim Back Hedges
- Repair Throw Pillows (Volunteer Room)
- Repair Weather Seal & Threshold
- General Landscaping Maintenance

Your generosity helps us provide our uninsured friends and neighbors with the health care they deserve!



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Your Gift Will Make a Difference!

Name Telephone

Company Name/Address

Address

City State Zip

To help CMAP provide health services to coastal Georgians, I/we enclose: \$1,000 \$500 \$250 \$100 \$50 Other

A gift to CMAP is an excellent way to honor or remember someone special.

This gift is in [memory/honor] of:

Please acknowledge this gift to:

Address:

City, State, Zip:

Please make check payable to CMAP. All gifts are tax-deductible. e-Newsletters Save More Than Trees - To receive the Spotlight newsletter online, send your email address to jwright@cmapga.org.



An agency of United Way

Coastal Georgia through programs that increase access to health care. (CMAP) helps build healthier communities focusing primarily on

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