



# CMAP *Spotlight*

Vol. 1  
Spring 2007

*Coastal Medical Access Project*  
...providing healthcare to uninsured residents of Camden, Glynn and McIntosh Counties

## CMAP Celebrates 5 Years Serving Coastal Georgia



*L-R Margie Harris, former member BOD, Charles Wilson, Aide to Kingston, U.S. Rep. Jack Kingston, Dr. Eric Andreae, CMAP volunteer medical director, and Jeanne Manning, BOD.*

In April, CMAP celebrated five years of providing free medical care to coastal Georgians by honoring supporters who helped CMAP become a thriving healthcare provider for the community's low-income uninsured.

At the anniversary celebration held on April 11th at the Brunswick Embassy Suites Hotel, CMAP was proud to honor St. Marys United Methodist Church Foundation, with the CMAP Faith Award; Wm. H. Gross Construction Company, with the CMAP Business Award; Southeast Georgia Health System and the Glynn-Brunswick Memorial Hospital Authority, with the Francis X. Selgrath Award; and Congressman Jack Kingston, with the Henri C. Woodman Award.

The Francis X. Selgrath Award and the Henri C. Woodman Award were named in honor of CMAP's first executive director and its founder, respectively.

Because of their leadership and the dedication of

CMAP's donors and volunteers, thousands of people in the community have received healthcare, medications, and even surgeries and cancer treatments they would not have been able to afford. Since 2002, CMAP has distributed nearly \$12 million in prescription medication and provided over 7,600 medical exams at free clinics in Brunswick and St. Marys.

## CMAP to Open Dental Clinic this Year

CMAP's CEO, Patricia Kota, was contacted recently by a woman in Kingsland, who had worked all of her life, but had no insurance. She couldn't afford needed dental care and asked Pat to open a dental clinic to help people like her. "Please don't forget us," she stated.

Later that day—as if by a miracle—news arrived from the Georgia Department of Community Health that CMAP was awarded a grant to help fund start-up costs for dental clinics in St. Marys and Brunswick.

With the grant and dental equipment donated by Dr. Jeff Capes, CMAP is well on its way to opening dental clinics!

Area dentists have already volunteered to help set up the service to assist the more than 24,000 residents of coastal Georgia who are without access to regular dental care.

Opening the dental clinics is part of CMAP's expansion plans for 2007. The Henri C. Woodman Clinic in Brunswick will soon relocate to a larger building provided by the Southeast Georgia Health System, and will accommodate two dental operatories.

The St. Marys clinic will undergo renovation for one dental chair. CMAP is looking forward to serving more people during 2007, including cancer screenings and care from specialists for chronic illnesses such as diabetes.

At the same time, the impact these services will have is lower costs for providers - costs that are passed along to insured and "paying" patients through higher premiums.

Like CMAP's other services - from the free clinics to the MedBank prescription assistance program and chronic disease management - dental care will help uninsured coastal Georgians stay healthy and productive, while helping to control healthcare and insurance costs for us all.

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Visit us on the web at [www.cmapga.org](http://www.cmapga.org)



# 2006 Report to the Community

2006 was a year of unprecedented challenges, growth, and opportunities for CMAP. The most difficult challenge came when CMAP's founding executive director, Frank Selgrath, passed away following a stroke. Frank's vision and leadership guided CMAP's formation.

In July, Patricia Kota, who had worked previously with CMAP in her position with the Georgia Health Policy Center, was recruited to serve as the CEO. During 2006, the CMAP team adopted a three-year strategic plan; implemented clinic expansion efforts; secured funding for a dental clinic; and expanded MedBank to an all membership pharmaceutical assistance program.

Throughout the year, CMAP's leadership, volunteers, and supporters never wavered in their commitment to its mission of service to the thousands of people living along the coast of Georgia. Thanks to their support and leadership, during 2006, CMAP was able to serve even more people than ever before.



*Sally Bennett, FNP, Volunteer Nurse, Henri C. Woodman Clinic, St. Marys, GA*

## Henri C. Woodman Community Clinics

Located in Brunswick and St. Marys and staffed by both employed nurses as well as volunteer physicians and nurses, the clinics provide free health care to residents of Camden, Glynn, and McIntosh Counties who have no medical insurance and have income of less than 200% of the Federal poverty level. In 2006, the clinics provided primary and specialty healthcare, outreach and education, and referrals to other community resources including:

Patient visits:	2,550
Specialty referrals:	232
Surgeries:	36

(through partnerships with Southeast GA Health System and local physicians)

## MedBank

Staff and volunteers help low-income residents receive free medications from pharmaceutical companies by preparing and submitting the required applications. Help is also available to area residents who have health insurance but no drug coverage.

Applicants must meet certain criteria to qualify. CMAP works with over 100 pharmaceutical companies, all of which have their own requirements and applications. In 2006, MedBank served 861 people and filled 5,267 prescriptions at a retail value of \$2.4 million.



*Stacy Snell, RPh, Volunteer Pharmacist, MedBank*

## Volunteers

CMAP relies on hundreds of volunteers to care for patients at the clinics, support the MedBank programs, and provide community outreach and education. Last year, 266 people donated 6,680 hours including 141 physicians and other medical professionals, and 125 community volunteers.

**CMAP helps build healthier communities focusing primarily on Coastal Georgia through programs that increase access to healthcare.**



## 2006 Financial Overview

### Income

CMAP raised more than \$825,954 from individuals, civic groups, corporations, government agencies, and foundations to fund its clinics and the MedBank prescription assistance programs.

Donations	\$322,031.47
Grants	\$486,376.35
Earned Income	<u>\$ 17,546.98</u>
	\$825,954.80

### Expenses

Administration	\$101,232.27
Programs -	
Clinics/Case Management	\$386,366.78
MedBank	<u>\$187,282.78</u>
	\$674,881.83



Wade Swann, MD, Volunteer Physician, with a clinic patient at the Henri C. Woodman Clinic, Brunswick GA.

## The Strategic Initiative Forecast

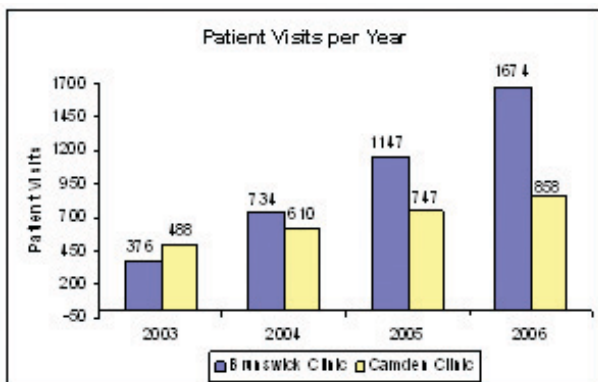
In 2007, CMAP will expand its core services by conducting a four-year Strategic Initiative campaign. This will -

- Expand the free clinics,
- Broaden the MedBank prescription assistance program, and,
- Implement a Chronic Disease Prevention and Management program specifically designed for the uninsured.

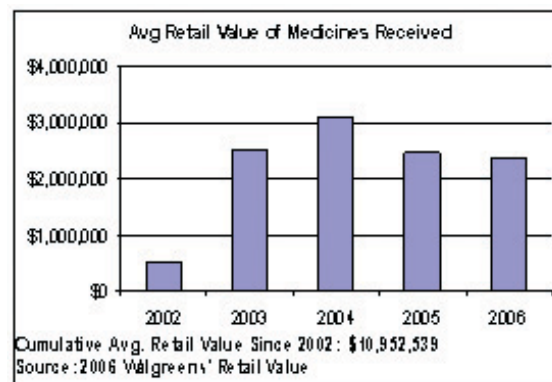
Once fully implemented, the Strategic Initiative will increase the number of people served to more than 15,000 – a 90% increase over the current capacity.



L-R Evelyn Tatum, RN, Volunteer Nurse, Jae Rogers, Clinic Patient, Frederick Niegos, MD, Volunteer Physician, and Vicki Appleby, Volunteer Medical Assistant, Henri C. Woodman Clinic, St. Marys, GA



\$ = approximate retail value of services.



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## 2006 Gifts and Grants *(Levels of Cash received during 2006)*

### **\$100,000 or more**

Southeast Georgia Health System  
US Dept of Health & Human Services

### **\$50,000 - \$99,999**

Azalea Foundation  
GA Baptist Health Care Ministry Foundation  
Healthcare Georgia Foundation  
St Marys United Methodist Church Foundation

### **\$25,000 - \$49,999**

The Episcopal Church UTO  
United Way of Coastal Georgia

### **\$10,000 - \$24,999**

### **\$5,000 - \$9,999**

St. Williams Roman Catholic Church  
SunTrust Bank

### **\$2,500 - \$4,999**

Dr. and Mrs. R. Neal Boswell  
Christ Church ECW  
Coastal Health District  
GA State University Research Foundation  
Mrs. Jeanne Marie Kiss  
Mr. Ben T. Slade III

### **\$1,000 - \$2,499**

Atlantic National Bank  
Ms. Laura Cross  
Mr. Carlton A. DeVooght  
Susan and Jack Hartman  
Patricia and Kenneth Kota  
Oglethorpe Bank  
Optimist Club of Brunswick  
Preferred Prosthetics & Orthotics, Inc.  
Mr. John J. Rogers  
Rotary Club of Brunswick  
Rotary Club of Glynn County  
St. Simons Presbyterian Church  
Mr. Larry H. Thompson  
Mr. and Mrs. James D. Timmons

### **\$500 - \$999**

The Honorable Raul Figueroa  
Kay and Brent Hampton  
Drs. Lee and James Heery  
Rich-SeaPak Corporation  
Ms. DelRia Tate

### **\$250 - \$499**

Ms. Jamie Kendall  
Mr. and Mrs. John Matthews  
Mr. Fred McGinty  
Ms. Becky Rowell and Mr. Chas. Lamkin

### **\$100 - \$249**

ACBL Charity Foundation Corp.  
Mr. and Mrs. D. C. Adamson  
Mrs. Nanette Blumenfeld  
Mr. and Mrs. Robert P. Brubaker  
Mr. and Mrs. Michael Carter  
Mr. Ronald D. Casler  
Mr. and Mrs. Francis Cerrato  
Sandy H. Chilek  
Mr. Richard Cowan  
Mrs. Dale Flexner  
Mr. and Mrs. Thomas Getzen  
Glynn County Board of Health  
Great Dunes Ladies Golf  
R. Joseph Hammill, LLC  
Capt. Wayne Knittel  
Lee & MacMillan Attorneys at Law  
National Association of Free Clinics  
Mr. and Mrs. Cannon Owen  
Dr. David Patterson  
Mr. and Mrs. Martin D. Peahota  
Barbara and Vernon Reed  
Mr. and Mrs. Melton E. Rozier  
Schell and Hogan, CPA  
Dr. W. Douglas Skelton  
Mr. W. Michael Smith  
Dr. and Mrs. Stephen Squire  
Temple Beth Tefilloh Sisterhood  
Mr. Robert C. Ussery  
Mr. and Mrs. Sam Wilcox  
Mr. and Mrs. Ted Wright

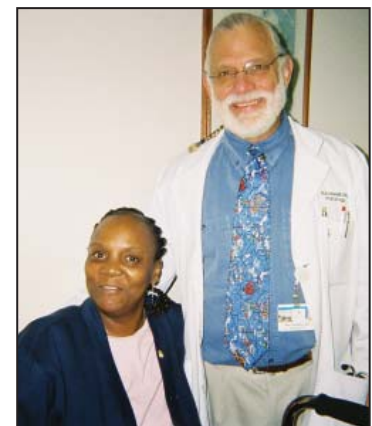
### **\$1 - \$99**

Mr. and Mrs. Roy Bant  
Mr. and Mrs. Mark P. Brindle  
Mr. and Mrs. Robert W. Brosious  
Mrs. Alice Carter  
Mrs. Margaret M. Donohoe  
Mr. and Mrs. Bob Dickison  
Ms. Juddie Franklin  
Mr. Mark Gallagher  
Ms. Mary Anne Gildea  
Ms. Jean Gordon  
Mrs. Eloise Harrington  
Ms. Tommie Kappler RN  
Mrs. Judy C. Lance RN  
Dr. and Mrs. William J. Laws  
Ms. Sonia I. Matthews  
Mrs. Joyce McQuaig  
Dr. and Mrs. Hubert Manning  
Mrs. Carrie Risher  
Ms. Suzanne M. Ritter  
Mrs. Jane Sarcona  
Mr. and Mrs. William C. Smith  
Mr. and Mrs. George Sutor  
Mr. and Mrs. John W. Thompson  
Mr. and Mrs. David V. Vandersall  
Mr. and Mrs. Sid Willis

### **In Kind Gifts**

A New Horizon  
Cumberland Medical Equipment  
Cunningham Jewelers  
Daddy Cates Coffee  
King of Peace Episcopal Church  
Nautica Joe's  
Outback Steakhouse  
Pauly's  
Remarket Medical, Inc.  
Reynolds Street Deli  
Salvador's Deli  
Sheila's Hallmark  
Southeast Georgia Physicians Association  
St. Simons Drug Company  
Sugarbakers  
The Beaded Lizard  
The Breezy Clothesline  
The Market on Newcastle  
The Pumpkin Patch  
Wango's  
Mr. Stephen Berry  
Mr. M. Shawn Blansett  
Dr. Ian Buchli  
Ms. Debbie Craig  
Mr. Michael Gross  
Dr. Lee Heery  
Ms. Lisa Jordan  
Ms. Jacqueline Lane  
Mr. David Lewis  
Ms. Juanita Lott  
Mrs. Lee Norvell  
Ms. Sara Phelps  
Mr. W. C. Ray  
Ms. Anne Smith  
Mr. Chester Thomas  
Chris Weise  
Mr. and Mrs. Sam Wilcox  
Mrs. Jeris Wright  
Ms. Patricia Zaborowski

*Annie Roberts and Dr. Neal Boswell are pleased with the results of Ms. Roberts' total hip replacement surgery.*





**From the Chairman of the Board...**

*CMAP celebrated its fifth anniversary with some amazing results. Our free clinics served some 3,000 people who benefited from free prescriptions and many medical services. These services would not have been possible without the enormous effort of many physicians, nurses and administrative*

*support volunteers. And, of course, the CMAP staff worked hard to serve both patients and volunteers.*

*As the chairman of the board of directors, I've watched with fascination as CMAP grew from concept to reality. When our leader and friend, Frank Selgrath, passed away, we weren't sure what would happen or how we'd stay on track.*

*But true to form, our volunteers and staff kept up, and even increased, their efforts! Claire Wilcox filled the leadership gap until we hired Patricia Kota in July. Pat was familiar with CMAP which made our leadership transition somewhat easier. So, now we're gearing up for the next five years, and I expect to be even more fascinated as our mission of service to the un- and under-insured people in our communities goes forward. To those of you who have shared your time and treasure—thank you! And to those of you who are still thinking about it—well, please give us a try...I think you'll enjoy the time we spend together to build a healthier coastal Georgia.*

*With Deep Appreciation,  
Timothy Jamieson MD PhD  
Chairman, Board of Directors*

**2006 BOARD OF DIRECTORS**

- Timothy A. Jamieson, MD, PhD, *Chairman*
- Kay S. Hampton, RN, MSN, *Vice-Chairman*
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- R. Neal Boswell, MD
- Evella Brown
- Laura B. Cross
- Carlton DeVooght, Esq.
- Margie O. Harris
- Ben Hartman, Esq.
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- Patricia J. Kota, RN, MSPL
- Jeanne Manning
- Randy S. McCall
- Cynthia C. Phillips
- Becky Rowell
- Howard W. Sepp, Jr.
- W. Michael Smith

**From the CEO...**

*While serving as a technical assistance provider for CMAP beginning in 2004, I recall watching Frank Selgrath move around a room sharing the CMAP story with anyone who would listen. When he came into a room, it would light up.*

*Before long, I met Claire Wilcox, Ginger Buel, Walt Yourstone, Jeannie Manning, Jeanne Marie Kiss, Tim Jamieson, Laura Cross and others. Frank was a master at connecting people. After he passed away, Dr. Jamieson called to ask if I would consider heading up CMAP. While honored, I was acutely aware of that Frank had very large shoes to fill! He had created a small non-profit with volunteers and staff providing free primary care and prescription assistance for coastal Georgians, with a long-term goal of serving all of the 24,000 uninsured in Camden, Glynn and McIntosh counties. In addition, Frank's solid relationship with Southeast Georgia Health System led to its provision of leadership, services, and funding to CMAP to make sure health care was available and accessible to everyone, regardless of their ability to pay. And then there was a caring and action-based community that responded to Frank's ongoing requests to get involved. Wow! A day doesn't end without a prayer of thanks mixed in with a little begging.*

*2006 was a year of sadness, stress, mobilization, action and re-organization. And at the same time the CMAP mission remained constant. This report reflects some of our story which grows with each passing year. We love to share these lessons and invite you to join us in our mission of service and good health.*



*Peace and All Good,  
Patricia J. Kota RN MSPL*

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Cynthia C. Phillips

Becky Rowell

Howard W. Sepp, Jr

W. Michael Smith

## Your Gift Will Make a Difference!

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Company Name/Address \_\_\_\_\_

Address \_\_\_\_\_

To help CMAP provide health services  \$1,000  \$100  
to coastal Georgians, I/we enclose:  \$500  \$50  
 \$250 Other \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

*A gift to CMAP is an excellent way to honor or remember someone special.*

This gift is in [memory/honor] of: \_\_\_\_\_


Please acknowledge this gift to: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip: \_\_\_\_\_


Please make check payable to the CMAP. All gifts are tax-deductible.

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is published quarterly by the  
Coastal Medical Access Project,  
PO Box 1357, Brunswick,  
GA 31521. Telephone:  
912-554-3559.

**Our Mission:**  
Coastal Medical Access Project  
(CMAP) helps build healthier  
communities focusing primarily on  
Coastal Georgia through programs  
that increase access to healthcare.  
- Adopted 2006



An Agency of United Way