



Spring 2005

# Spotlight

The newsletter of the **Coastal Medical Access Project**

## Brunswick, Camden Clinics now staffed 5 days a week



Dr. Thomas McRae volunteers at clinic.

*Photo by Bobby Haven/The Brunswick News*

The CMAP Henri C. Woodman clinics in Brunswick and St. Marys now have a Nurse Manager and assistant on site during the week. Although the evening sessions with the volunteer physicians remain the same, there are several advantages to the patients and volunteers with staff on hand during the day.

One major result has been more time to accomplish necessary tasks that previously could only be performed during the evening clinics.

Current case managed patients can see nurses during the week for

their follow-up visits to have their blood pressure or their blood sugar checked, or review their medications and treatment procedure, and new patients can have their histories recorded before their clinic visit. "That's two full days of nurse visits for pre-screening with new patients and for follow-up with current patients," said Nan Manning, Nurse Manager of the Camden clinic. "That's a big plus, because normally they'd come in on clinic night to get their histo-

ries and follow-ups with a nurse." Having that done before the clinic session gives patients more time with the volunteer physician.

Another advantage of staff being on hand is the capability of having a dispensary, which eases the processing time for patients awaiting their MedBank prescriptions. While there are no controlled drugs at the clinics, volunteer pharmacists can receive medications for the physicians to use at the evening clinics.

Ginger Buel, Nurse Manager of the Brunswick clinic noted, "The new hours also allow patients to call the clinics directly, instead of calling the Bay Street office and going through the telephone menu to find answers to their questions." "They can drop in and return their financial statements, ask questions,

***Current case managed patients can see nurses during the week for their follow-up visits.***

and so forth."

"We now also have Wednesday afternoon clinics, in addition to evening clinics, which allow our physicians to see more patients."

Also, specialty clinics can now be offered without taking time from the primary care clinic sessions.



## Volunteerism on the rise

Due to increased outreach efforts in the early weeks of 2005, recruitment of new volunteers is growing rapidly. Follow-up contacts are made to potential volunteers identified at these presentations. In addition, calls go out to former CMAP volunteers and employees who are familiar with our efforts to help the people of our region and want to continue supporting the organization.

Since Fall 2004, CMAP has welcomed the following volunteer physicians: Dr. Erick Bournigal, Dr. Bryan Casey, Dr. Nancy Felix, Dr. Bill Laws, Dr. Eric Linert, Dr. Stephen Pappas, and Dr. Malcolm Wright.

Nurse volunteers are Beth Brockington, RN; Pearlie Brown, RN; Pat Gunn, RN; Kathleen Lloyd, RN; Lori Outlaw, RN; Amanda Smith, LPN; & Jean Symonds, RN.

Administrative volunteers are Mary Alford, Rhonda Allen, Shea Ambler, Saray Arnaldi, Pamela Bowers, Cecelia Butts, Richard Carter, Chad German, Bertha Grant, Eloise Harrington, Nikki Hope, Holly Johnson, Leslie Kaufmann, Ricky Kelly, Beth Liotta, Emily Lloyd, Dawn Lowe, Larry Manning, George McMurrain, Dale Pierson, Dorothy Stevens, Brittany Tindall, Zell Thomas, Janet Turner, Bonnie Walls, Tyechia Woodard, and Patricia Zaborowski.

2005 will be another year of productive service to the medically needy in our communities thanks to generous contributions of time and talent by our wonderful volunteers.

To find out about volunteering, please call Deb Pannell, Volunteer Coordinator, at (912) 554-3559, ext 21, or email [dpannell@cmapg.org](mailto:dpannell@cmapg.org).

## *In Memoriam*



### *Susan Lansdell VanRooyen*

Sue VanRooyen, a dedicated CMAP volunteer, died February 11 after a courageous battle with cancer. A service to celebrate her life was held February 16 at St. Mark's Episcopal Church in Brunswick.

Sue was born in Nottingham, England, and came to the United States as part of a missionary program in rural Alabama. Her survivors include two daughters and a son, her mother, and a brother, all in England. Sue's mother was visiting when Sue was taken to the hospital, and was there holding her hand when Sue died.

She was an accomplished statistician and had worked on computer databases for the British medical journal, *The Lancet*. When she volunteered at CMAP, she custom-designed a new computer program for tracking individual applications through the MedBank program. Previously, there was no way to track a patient's chart or the status of the application once it had been sent to the physician or drug company. In appreciation of her tireless commitment as a volunteer, CMAP named the program the Sue System.

The Rev. Liam Collins of St. Marks Episcopal Church, officiated at Sue's memorial service and gave the homily. "She was an accomplished concert violinist for a large part of her life. But as the cancer progressed, obviously she couldn't pursue her music. But one of the great treats for us, about three or four months before she died, was when she played the violin at church one Sunday. She was a multi-talented, gifted person."

In a message to her friends written last summer, to be read after her passing, Sue expressed her wishes regarding her funeral. She wrote in part, "I don't want my funeral to be about mourning; I want it to be a celebration of my life, and all the things God has allowed me to accomplish during that too short a period of time."

Sue's ashes were placed in the Columbarium in the chapel at St. Mark's following the service.



## The Rotary Club of Brunswick donates \$4,195 for CMAP equipment purchases

Thanks to the generosity of The Rotary Club of Brunswick, there is now an EKG machine in the Brunswick clinic, two shadow boxes for reading X-rays, and a oti/ophthalmoscope for eye and ear examinations.

Wayne Johnson, president of the Brunswick Rotary and Jeff Holcombe, chair of the club's Centennial Project, presented the donation to CMAP Executive Director Frank Selgrath, during the club's Centennial luncheon held on February 24th at the Southeast Georgia Health System Brunswick hospital.

The club had selected CMAP to be the focus of its Centennial Project, celebrating the 100<sup>th</sup> birthday of Rotary International in 2005, and the funds were used to purchase much needed equipment.

"Now, if a doctor has ordered an EKG, the patients don't need to go to the hospital; they can come in here and I can do it for them," Ginger Buel, Nurse Manager of the clinic explained. "The volunteer nurses here on Wednesdays also can run the EKG, if a patient is complaining of chest pain." If the nurse sees an abnormal reading, she can contact the doctor or send the patient to the hospital emergency room.

This new equipment is a tremendous aid to the volunteer physicians and nurses in their weekly care for our clinic patients.

Thank you Rotary Club of Brunswick!!!



Wayne Johnson, Frank Selgrath and Jeff Holcombe



Dr. Tim Jamieson

### From the Chairman of the Board

CMAP is moving into an even more exciting time as we develop strategic initiatives to allow us to serve more patients in many different ways. We are planning to expand our Medbank program to handle an ever increasing demand for this valuable pharmaceutical assistance service. We are evaluating a disease management focus which would allow us to improve the healthcare of a larger number of people in a cost efficient manner. CMAP is also planning construction of a new Brunswick clinic with the aid of a federal capital grant awarded to us with the strong and generous support of Rep. Jack Kingston.

CMAP is grateful for the generosity of the community and the tremendous financial and service support from the Southeast Georgia Health System. The strategic initiative plan we are developing will better quantify the effect CMAP is having on the community and on our businesses. We look forward to your continued support as we endeavor to fulfill our mission—the essential task of providing healthcare to the uninsured working poor of our communities.

Finally, I would like to thank all of our physician and staff volunteers in Camden, Glynn, and Macintosh counties who make CMAP such a valuable asset to our community.

### Board of Directors 2005

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## CMAP on the World Wide Web

**You are cordially invited to visit our website at [www.cmapga.org](http://www.cmapga.org).**

Find out how you can give and get involved. Volunteer application forms are available on line!!

### Wish List for Spring Giving

- ◆ Apt. size refrigerator for Brunswick clinic
- ◆ Apt. size refrigerator for Camden clinic
- ◆ Digital camera for publications

If you would like to donate any of the above items, please contact Claire Wilcox, Director of Development, at (912) 554-3559 x 26, or email [cwilcox@cmapga.org](mailto:cwilcox@cmapga.org).

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**CMAP**



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is a nonprofit volunteer organization that strives to ensure quality healthcare and access to prescription drugs for low income individuals and families without health insurance, in Glynn, Camden, and McIntosh counties.

## Message from the Executive Director

Much has happened at CMAP since our Fall Newsletter. As stated in our cover story, the Brunswick and Camden clinics are now staffed five days per week. We also have more volunteers, both professional and lay, signing up in all locations and are able to provide a Rheumatology clinic and a Neurology clinic on alternating months. The new pharmaceutical dispensaries are an enormous improvement in our ability to provide full medical care. All this would be impossible without the generosity of our volunteers and donors. With their help, we continue to provide ever-improving healthcare access to more people in our three counties.



Frank Selgrath

Nevertheless, I must sound a note of caution. With recent government budget cuts in care to the indigent, increased strain on private funds, and other pressing demands, our financial situation can deteriorate quickly. We thankfully have been able to meet our budget requirements over the last three years. But we are still very dependent on the generosity of our donors and grantors. For this reason, we are exploring ways to be self-sustaining. Some methods the Board is considering include annual fundraising events, a membership fee for non-clinic Medbank patients, fee for service arrangements with appropriate partners, as well as strategic initiatives to engage the business and faith-based community in our business plan.

We have made enormous strides in the 36 months since our founding. We are confident in the community and its continued willingness and ability to support our neighbors.

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