



CMAP *Spotlight*

Vol. 1
Summer 2007

Coastal Medical Access Project
...providing healthcare to uninsured residents of Camden, Glynn and McIntosh Counties

WebMD Health Foundation Supports CMAP Expansion

Expansion of CMAP’s Chronic Disease Prevention and Management (CDPM) program is off to a strong start with the recent approval of a major grant from the WebMD Health Foundation. In May, the national health foundation awarded CMAP \$1 million payable over four years to fund the CDPM component of the Strategic Initiative approved by CMAP’s Board early this year.

“The CDPM program will explore new ways to connect our communities using the Internet, one-on-one counseling, patient education, and best practices for individuals and families facing chronic diseases,” said Patricia J. Kota, RN MSPL, CMAP Chief Executive Officer.

In treating patients over the past five years, CMAP staff learned that many of these patients had not received medical care in years, with at least 27 percent suffering from chronic conditions, such as heart disease, diabetes and asthma. CDPM case managers will meet regularly with patients to discuss their symptoms and identify care and lifestyle changes to improve their health.

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Wendy McNair, RN, Volunteer Nurse, assists diabetic patient with blood glucose testing.

Volunteers Make Difference for CMAP



CMAP volunteers and staff members gathered in June for a luncheon meeting to share plans for the upcoming clinic expansions and learn from their experiences with the volunteer program. The volunteers were excited about plans to increase monitoring, follow-up and health education with patients with chronic disease. They also shared excellent ideas about redesigning the clinic layouts when Brunswick and St. Marys expand.

Drawing on their considerable experience, the volunteers emphasized a need to recruit more volunteers and encouraged more community outreach and regular communication with the volunteer corps.

*(L-R) Lee Norvell, RN & Diane Ansley, RN
Diabetic Education Program Volunteers.*

A May 2007 survey of CMAP’s non-physician volunteers reveals a talented and diverse group (based on 34 responses):

- 42% work full time;
- 36% are retired;
- 66% hold college degrees;
- and 36% hold post-graduate degrees.

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CMAP Volunteers in the News



Diane Denton, RN

Congratulations to **Diane Denton, RN**, who recently received the 2007 Albert Crews Service Award from Coastal Georgia Community College. This award is given in recognition of outstanding community service. Ms. Denton is a volunteer nurse at the Brunswick free clinic, where she provides outstanding health services to CMAP patients.



Nora Morris

Nora Morris, recently received the Michael E. Axelroad “Power of Prevention” Distinguished Volunteer Award for her service with Prevent Child Abuse Glynn. Mrs. Morris has been a regular office volunteer in the Brunswick free clinic since 2002 and has donated countless hours of volunteer service to many programs in the community.



Carlton DeVooght, Esq

Carlton DeVooght, Esq, a member of CMAP’s Board of Directors, recently participated in the YWCA’s fund raising production of Dancing with the Stars—Southern Style. Carlton and his dance partner, Ann Hennessy, dazzled the audience with their rendition of the Fox Trot!



United Way of the Coastal Empire is providing area citizens with a streamlined process of getting health and human services information by simply dialing 211 (including Verizon, T-Mobile and Sprint cell customers). Speak with a live, knowledgeable, trained operator Mon thru Fri from 8:30 am to 5:00 pm. After hours, you may leave a message that will be returned during business hours. All calls are confidential, and give you the opportunity to ask questions and get answers.

WebMD Health Foundation Supports CMAP Expansion (continued from page 1)

A unique internet-based information system will monitor health indicators and treatment plans.

The WebMD Health Foundation project is linked to similar work funded by the Centers for Disease Control and Prevention (CDC). “The WebMD Health Foundation and the CDC are extremely important organizations that have placed their faith in CMAP. In fact, we are one of just 3 organizations across the country invited to participate in the CDC effort,” said Kota.



*Patricia J. Kota, RN MSPL
Chief Executive Officer*

Volunteer Health Care Day Celebrated August 25

On August 25, Georgia celebrated the first year anniversary of the Georgia Volunteer Health Care Program (GVHCP), recognizing the health care professionals and support volunteers across Georgia who dedicate their time and service to participating clinics. CMAP alone has nearly 90 physicians, 40 nurses and 60 support volunteers. GVHCP began in 2005 when Georgia began offering sovereign immunity protection to licensed health care professionals who volunteer health care services. CMAP is one of 29 clinics in the GVHCP program.

Staff Notes:

- Barbara Walters was selected as a class participant and scholarship award winner for the 2007-08 Leadership Camden Program. Congratulations!
- Best Wishes to Gwen McLeod and Calvert Gilead on their recent marriage!
- Our thoughts and prayers are with Ginger Buel, who lost her home to a fire this summer.



Dental Clinic Planned for Camden Co.

Led by a team of volunteers, CMAP is developing plans to provide dental services at the St. Marys clinic in 2008. A dental team is working with CMAP staff to plan, design and build out the space and dental operator in the Henri C. Woodman Clinic on Lakeshore Drive. Like the medical clinic, free dental care will be provided by volunteer dentists and supported by a staff hygienist.

The dental team is comprised of: Dee Clark-Yourstone; Renee Gross, dental hygienist; Rev. James Ham, dental volunteer recruiter; Steve Irwin, contractor; Terry Lawrence, Atlanta Dental Service, operator design; Howard Sepp, SGHS, hospital administration; and Phillip Walker, architect.

Brunswick dentist, Jeff Capes, donated dental equipment and chairs in 2004 in anticipation of establishing dental clinics. This equipment will now be used. CMAP also plans to open a dental operator in Brunswick when the clinic moves to a larger, permanent home in 2008.



Margaret Altman, RPh, Volunteer Pharmacist

Could MedBank Help Someone You Know?

The demand for MedBank assistance has grown rapidly as more people in the community learn about the service and turn to CMAP for help.

Those who are eligible for help pay only a small monthly administrative fee to defray processing costs. Fees range from \$0 to \$15 per month based on income.

If you think MedBank could help you or someone you know, contact MedBank Supervisor, Maggie Williams, at 912-554-3559 extension 20 for more information.



Timothy Jamieson, MD, PhD

Message from the Chairman of the Board

CMAP has grown considerably in size and scope over the past 5 years,

providing healthcare for the uninsured working poor and medications for many patients. We're now positioned for additional growth as our Strategic Initiative campaign unfolds. It's been a year since Frank Selgrath passed away and I believe he'd be very happy with our progress. The board is actively working on several projects including the 3-share health coverage program. This initiative is similar to the effort proposed by Gov. Sonny Perdue to create a health insurance product for some

30,000 uninsured Georgians. While the CMAP program is still in development, the hope is that we'll combine forces with the state to expand cost effective health care coverage that helps businesses, employees, and local healthcare providers. CMAP, in conjunction with Southeast Georgia Health System, has already benefited the community by improving the health of hundreds of residents in reducing costly uncompensated emergency room utilization. For more information about volunteer opportunities, to set up a presentation for your organization, to learn about our services for a friend, neighbor, or family member, or to make a much needed contribution - call CMAP today. Our team is ready to help.



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This gift is in [memory/honor] of: _____

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Please make check payable to CMAP. All gifts are tax-deductible.



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Coastal Georgia through programs that increase access to healthcare. communities focusing primarily on (CMAP) helps build healthier Coastal Medical Access Project

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